

NCC ACTIVITIES 2020-21

P.V.K.N. Govt. College (A), Chittoor

NSS/ NCC volunteers acted as covid-19 warriors

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3	13/05/2020	Awareness programme on Arogya sethu app
4	23/05/2020	Distribution of mask during covid-19
5	31/05/2020	Awareness programme on usage of sanitizer

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Corona viruses are a large family of viruses, which may cause illness in animals or humans. In humans several corona virus are known to cause respiratory infections ranging from the common cold to more severe diseases such as middle east respiratory syndrome (MERS) and severe acute respiratory syndrome (SAARS). COVID-19 is the infectious diseases caused by the most recently discovered corona virus. This new virus and disease is unknown before the outbreak began in Wuhan, China in December 2019. COVID-19 is now a pandemic affecting many countries globally.

Symptoms of COVID-19

The most common symptoms of COVID-19 are fever, dry cough and tiredness. Most people about 80% recovered from this disease without needing the hospital treatment. Around one out of every five people who gets COVID-19 becomes seriously ill and develops difficulty breathing. Older people and those with underlying medical problems like high blood pressure heart and lung problems, diabetes or cancer are at higher risk of developing serious illness. However anyone can catch COVID-19 and become seriously ill. People of all ages who experience fever and cough associated with difficulty breathing, chest pain or loss of speech or movement should seek medical attention immediately.

What should do

If you have minor symptoms such as slight cough or a mild fever then there is no need to seek medical care. Stay at home, self isolate and monitor your symptoms. Follow national (ICMR) guidance on self isolation. If you have difficulty breathing, pain or pressure in the chest or fever contact immediately for medical care.

OUR COLLEGE

In view of pandemic COVID-19 outbreak, the NSS & NCC volunteers of the college were created awareness about the COVID-19 in their respective village through various activities like poster presentation, sending typed

electronic messages through the **whatsapp** groups among the villagers. NSS and NCC programme officers motivated the volunteers to install the **arogya sethu app** in their mobiles. And also informed to the volunteers to motivate the villagers to install this app in their mobiles in their respective villages. Our NCC cadets have taken integrated government online training (i GOT platform) for COVID-19, it was introduced by MHRD. The training contents of the course include basics of COVID-19, clinical management, usages of PPE kits, quarantine and isolation, infection prevention and care. Finally 36 NCC volunteers got certificates in this course (student names and some certificates are enclosed).

The activity of the volunteers can be divided in to two types.

1. Awareness activities about covid-19 and
2. Participation in welfare activities.

The volunteers created the awareness among the people in their respective villages about the symptoms of the pandemic COVID-19 like **dry cough, severe fever, sneezing** etc. so that if any person in house is affected, then he could be isolated, then remaining persons in that house can be saved from this pandemic. And motivated the people to come forward voluntarily if any person has the above mentioned symptoms, then they will be sent to quarantine where the specialist doctors will treat them. The volunteers created awareness about differences between flue, normal cough and dry cough related to COVID-19. Nearly,70 NSS and NCC volunteers are participated in COVID-19 related services in their respective villages. The activities of the volunteers are shown below



V. Sravan Kumar – II M.COM was distributing food to the poor at muthiraala village, thavanampalli mandalam.



V. Sravan II- M.COM, participated in food distribution at tadakara village, thavanampalli mandalam.



K. Uday Kiran III B.COM (C.A.)-to give awareness to people on COVID-19 at V.KOTA



S. Reddy masthan-III B.COM participated in food distribution at kongra reddy palli in chittoor.



S. Velu-III B.COM participated in the vigitable distribution at Durge nagar colony in chittoor.



Sivasankar-II B.COM participated in mask distribution at kothapalle.



Lakshmi Bai –II B.COM created awareness on COVID-19 in Chittoor.



KUday Kiran III B.COM- donating food to the A.P Govt. Police at V.Kota



V. Naveen –II B.COM participated in mask distribution Perukoor at Yaadamarri Mandal.



Swetha-II M.S.Cs –creating awareness to the peoples at M.Bandlapalli in puthalapattu mandal



C. Swetha- II M.S.Cs- distribution of masks in aragonda village.



Sireesha-II B.Sc-B.Z.C explaining the uses of arogyaseyhu mobile app to the rural people



A.M.Gayatri- II B.Sc-B.Z.C- creating awareness about the uasge of the sanitizer in M.Bandalapalli



A.M.Gayatri- II B.Sc-B.Z.C- creating awareness about the uasge of the sanitizer in M.Bandalapalli



P.Swana-distributed masks reddygunta village, st colony, gidipala Mandal

Future plans

1. On behalf of NSS/NCC, we are planning to sanitise the college premises.
2. Motivate the remaining students to wear the mask when enter into the college and also maintain social distance in the college premises.
3. We plan to collect the data related to COVID-19 affected people in age category-wise in the adopted villages with the volunteers.
4. We are planning to distribute the pamphlet about the COVID-19 in the adopted villages.